



## MEETING MENUS

### BREAKFAST

#### CONTINENTAL- \$13pp

Sweet Tray: Muffins, Danish and Bear Claws, Bagels, donuts - please specify preference  
Whole fruit  
Yogurts  
Breakfast bars  
Assorted Juices (Milk available upon request)  
Coffee is in addition

### HOT BREAKFAST

#### **MENU A**

Scrambled Eggs  
Fresh Fruit  
Ham and Cheese Biscuits  
Sweet Tray: Muffins, Danish and Bear Claws, Bagels - please specify preference  
Assorted Juices (Milk available upon request)  
Coffee is in addition

#### **MENU B**

Egg & Cheese Casserole  
(Southwestern or Ham & Cheese Omelet may be substituted - please specify.)  
Fresh Fruit  
Grilled Ham and Sausage  
Assorted Juices (Milk available upon request)  
Coffee is in addition

#### **MENU C**

Buttermilk Pancakes with Maple Syrup  
Scrambled Eggs and Bacon  
Fresh Fruit  
Assorted Juices (Milk available upon request)  
Coffee is in addition

# ELEGANT BRUNCH MENU 18.95pp

Price per person based on groups of 25 or more

Santa Fe Eggs: English muffin with a slice of honey ham, topped with a poached egg  
Honey Dijon dressing, bits of onions, and garnishes of red, yellow, and green peppers mixed with herbs

Cranberry Biscuits with Smoked Turkey: Also may choose smoked turkey on a croissant or silver dollar roll

Melon with Lime and Mint: Elegantly arranged slices of fresh honeydew and cantaloupe, lightly brushed with lime and garnished with a mint leaf

Fresh Baked Breads in Baskets: Orange and Maple Walnut Muffins, Pineapple Nut Bread, Sour Cream Coffee Cake (the oldest and best of our recipes!)

Cheesecake Fruit Tarts: Mini cheesecake tarts decorated with fresh fruit and almonds

## DELI LUNCH

Planning a day-long meeting, presentation, seminar, conference, tour, or social gathering? Bluegrass Catering can shoulder some of the work by providing lunch for your event. Our deli lunches offer a variety of delicacies, of course, such as specialty sandwiches, tasty salads, flavorful fruits and vegetables, and delectable desserts. Just imagine all the happy faces looking back at you after lunch.

We do the work -- you take the credit.

## SANDWICH TRAYS

12.95PP (10 or more people)

Does not include soft drinks.

depending upon the size of the tray. We usually prepare for 1.5 servings per person

Choice of Sandwiches

Two side item

One Dessert Tray

Add an additional selection for \$2.00 more per person or upgrade the sandwiches to shaved Beef Tenderloin served on Honey Wheat Rolls for \$5.00 more per person.

## **SANDWICH CHOICES**

Our Sandwich Trays consist of:

Assorted Meats  
shaved turkey, ham, roast beef, and chicken salad

Assorted Breads  
ciabatta, French loaf, focaccia, Kaiser, pita, croissant, wheat, and silver dollar roll

\*We can also include different selections such as tuna, and vegetarian wraps.  
Just specify when ordering.

\*We can also prepare customized trays for specific diets: low carb sandwiches for Atkins, low-fat sandwiches with fat free or light dressings. Just ask, we can do it!

## **SIDE ITEMS**

Plan A Choose 2 sides

Pasta Salad  
Rigatoni Salad  
Baked Potato Salad  
Red Potato Salad  
German Potato Salad  
Fresh Fruit, Waldorf Salad  
Caribbean Salad  
Tortellini with Cucumber Dressing  
Garden Salad  
Chef Salad  
Mediterranean Salad with Fresh Mozzarella and Tomato  
Greek Salad with ripe olives and feta cheese.

## **TRAYS**

2pp min 100ppl

Salad Sampler: Olive Nut, Beer Cheese, Seafood Salad.  
Colorful Vegetable tray with creamy dip,  
Fresh Fruit tray, Seafood Soufflé with crackers, Almond Cream Cheese Soufflé with crackers.

Add \$1pp for these selections:

Chicken Fingers  
Chicken Drumsticks with dip  
Potato Skins  
Spring Rolls

# DESSERTS

Our Dessert Trays are an assortment of: cookies, brownies and dessert bars.  
We also have wonderful assorted cakes and cheesecakes.  
If you need a specific dessert, call ahead - we can do it!

## INTERNATIONAL LUNCH MENU 13pp

Orders need to be for at least 20 guests. This does not include soft drinks.

Want to try something a little different? If you're an administrator conducting weekly meetings, a drug representative trying to please doctors and nurses, or a supervisor in a company with a diverse workforce, our International Menu may be just what you're looking for. Our different and delicious lunch menus are not the ordinary fare. From golden-browned chicken enchiladas to plump German sausage, from deep-fried hushpuppies to stuffed ravioli--we've got you covered. Choose from any of the five styles below.

### MEXICAN

Choose 1 entree:

Enchilada Bake - Beef & Bean Burritos - Chicken Burritos - Chicken Enchiladas

Choose 2 sides:

Fiesta Rice - Barbecue Beans - Tropical Fruit - Tortilla Chips with Salsa - Nacho Fiesta Tray

Included with meal:

Mexican Cornbread

Chocolate Pie Tarts or Cheesecake

### GERMAN

Choose 1 entree:

Reuben - German Sausage - Bratwurst & Mettwurst

Choose 2 sides:

German Potato Salad - Scalloped Potatoes - Waldorf Salad

Included with meal:

Yeast Rolls

Cinnamon Streusel Cake or German Chocolate Cake

## TEXAN

*Choose 1 entree:*

Western Beef Sandwich (tangy barbecue brisket of beef with sautéed onions and green peppers)  
Frisco Melt Burger (cheddar cheese and thousand island dressing on grilled sourdough bread)

*Choose 2 sides:*

Baked Idaho Potato  
Oven Baked Beans  
Macaroni & Cheese

Taco Salad (seasoned beef or chicken, lettuce, tomatoes, cheese, and sour cream in a crisp tortilla shell)

Included with meal:

Corn Muffins  
Cobbler (apple or peach) or Shortcake with fruit

## SOUTHERN

*Choose 1 entree:*

Monte Cristo (shaved turkey and ham topped with melted Swiss cheese on French toast)  
Crispy Baked Chicken Breast (served on a Kaiser roll)

*Choose 2 sides:*

Hush Puppies  
Red Beans & Rice  
Carolina Rice Salad  
Creamy Coleslaw  
Tossed Green Salad

Included with meal:

Country Biscuit  
Key Lime Pie or Gourmet Cup Cake

## ITALIAN

*Choose 1 entree:*

Chicken Cheddar & Bacon (grilled chicken breast topped with bacon (optional), served on mozzarella Focaccia bread)

Stuffed Ravioli  
Roasted Vegetable Lasagna  
Chicken Fettuccine

*Choose 2 sides:*

Rigatoni Salad  
Antipasto Salad  
Fresh Fruit & Berry Salad  
Caesar Salad

Included with meal:

Garlic Bread Sticks  
Cinnamon Apple Crisp or Pastry Tart

### **SIMPLE SNACKS**

Snacks. The very word brings hope to a business meeting, promise to a presentation, spirit to a social gathering. Bluegrass Catering can enliven your special events with a splendid array of snacks and appetizers. Choose from a variety of elegant fruit and vegetable trays, tasty sandwiches and subs, and homemade cookies, brownies, cakes, and tarts. When we bring out the food, you'll be your guests' new best friend.

### **TRAYS**

Elegant Fruit Tray -- with cascading grape center  
Beer Cheese and Olive Nut Spread -- surrounded by crisp crackers  
Colorful Vegetable Tray -- fresh cut seasonal vegetables, served with a creamy dip  
Cheese Tray -- domestic and imported cheese cubes for easy serving  
Spring Rolls -- mini rolls filled with vegetables, served crisp  
Potato Skins -- topped with sour cream, melted cheese and chives  
Chicken Fingers and Wings -- served with bleu cheese dressing  
Price: Based upon number of guests, please ask for quote.

### **SANDWICHES**

Honey Ham, Mesquite Turkey, Almond Chicken Salad, Tuna Salad, Seasoned Roast Beef, Country Ham, and Grilled Chicken are all available. We can serve these as an assortment on trays with different types of bread (similar to below).  
Limestone Club Sandwich -- served on toasted wedges  
Focaccia Triangles -- choice of meat and cheese | may be served warm  
Tortilla Wraps -- choice of meat and cheese, wrapped in a tortilla | served with a cream dressing  
Foot Long Hot Subs -- wrapped in foil | individual sliced servings  
Price: Based on number of guests, please ask for quote.

### **DESSERTS**

Homemade Cookies -- Chocolate Chip, Oatmeal, Peanut Butter, Sugar, Macadamia  
Homemade Brownies -- Chocolate Fudge, Cheesecake, Oreo  
Cakes -- German Chocolate, Strawberry, Carrot, White, Streusel  
(We can design a cake based on your company's logo.)  
Tarts -- Cheesecake with fresh fruit  
Shortcake -- Strawberry, Peach, or Mixed Berry with real whipped cream  
Bars -- Macaroon, Triple Berry, Dutch Apple, Pecan, Praline Pecan  
Price: Based on number of guests, please ask for quote.

# BOX LUNCHES

## **SANDWICH CHOICES**

Each sandwich includes chips, one side item, and one dessert. Served in a white bakery box. With each sandwich (besides subs) specify Kaiser, Croissant, Wheat or Rye bread; Swiss or cheddar cheese. Condiments served on the side. If you prefer, we can bring trays of assorted sandwiches.

Mesquite Turkey Breast \$9.95  
Honey Ham \$9.95  
Seasoned Roast Beef \$9.95  
Almond Chicken Salad \$9.95  
Yummy Tuna Salad \$9.95  
Pimento Cheese \$9.95  
Grilled Chicken Breast \$9.95  
Pan Fried Chicken Breast \$9.95  
Hot Ham & Cheese Sub \$10.95  
Italian Hoagie \$10.95  
Philly Cheese Steak Sub \$10.95  
Chicken Cordon Bleu Sub \$10.95

### **Wraps**

: grilled chicken, turkey, ham, roast beef, or Vegetarian \$10.95

### **Pita Wrap:**

shaved turkey or ham with fresh mozzarella cheese & tomato \$10.95  
Olive Nut Wrap \$10.95

## **SIDE ITEMS**

Sides can be prepared with fat-free dressings. Just ask!

Pasta Salad, Red Potato Salad, Baked Potato Salad, Shredded Cole Slaw, Marinated Veggies, Fruit Cup, Melon Slices, Waldorf Salad (in season), Caribbean Bean Salad, Garden Salad, Yogurt, Cottage Cheese with Mandarin Oranges, Baked Potato with butter (add \$1.00).

## **DESSERTS**

Fudge Brownie, Cheesecake Brownie, Chocolate Chip Cookie, Gourmet Muffin, Caramel Fudge Bar, Tiger Stripe Brownie, Zesty Lemon Cake, Strawberry Cream Cake  
Daily specials: Cheesecake Tarts, Banana Nut Bread, Streusel Cake, Cake of the Day - call ahead and ask which daily special we are preparing - thanks!

## **SALADS**

All salads are \$9.95.

All salads are served with regular or fat-free dressing packets; one per salad; desserts extra.

### **Fruit Bistro:**

Lean smoked turkey breast, nuts, and grated fat-free cheese over a bed of crisp lettuce, served with fruit

### **Grilled Chicken:**

Seasoned strips of chicken tossed with assorted greens, crisp lettuce, ripe tomatoes, peppers, and gourmet croutons

### **Elegant Choice:**

The freshest choices of cut fruit served with low-fat cottage cheese and a fruit yogurt cup  
Oriental Salad: Slices of savory breast of chicken on a bed of crisp lettuce, surrounded by mandarin oranges